



# May 2010



KEYSTONE MEADOWS

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<ul style="list-style-type: none"> <li>Activity days and times are subject to change. Please check the bulletin board across from the mailboxes <b>daily</b> for any updates.</li> <li><b>Please sign up for any activities written in GREEN so I know how many supplies to have.</b></li> <li>Meet Jami in the Lobby at <b>9:00 am on May 6th, 13th and 27th</b> if you would like to go to McDonalds for breakfast!</li> </ul>							<p><u>KENTUCKY DERBY</u> 1</p> <p>10:00 Exercise for Fitness</p> <p>2:00 Bingo </p>
<p>2:00 Church Robert Smith Moundford Free Methodist</p> <p>2</p>	<p>10:00 Exercise for Fitness 3</p> <p>10:30 Manicures/Wii Bowling</p> <p>2:00 Travelogue</p> <p>6:00 Movie Night: "On The Town"</p>	<p>9:30 Shopping at Wal-Mart 4</p> <p>10:00 Exercise for Fitness</p> <p><b>11:00 Planting Flowerpots in the Courtyards</b></p> <p>10:30 Wii Bowling</p>	<p><u>CINCO DE MAYO!</u> 5</p> <p>10:00 Exercise for Fitness</p> <p><b>10:30 Penny Bingo</b> </p> <p><b>2:00 Chili Cook-off Contest</b></p> <p>3:30 Breakdown</p>	<p><u>NATIONAL DAY OF PRAYER</u> 6</p> <p><b>10:00 Exercise for Fitness</b></p> <p><b>11:00 Catholic Mass</b></p> <p><b>2:00 Craft Time: T-Shirts</b></p> <p><b>4:00 Reminiscing</b> </p>	<p><b>9:00 Seniorama at the Civic Center (sign-up)</b> 7</p> <p>10:00 Exercise for Fitness</p> <p><b>1:00 Food Council</b></p> <p>2:00 Scenic Drive</p> <p>4:00 Happy Hour</p>	<p>10:00 Exercise for Fitness 8</p> <p>2:00 Bingo</p>	
<p><u>MOTHER'S DAY!</u> 9</p> <p>2:00 Church  Richard Rotz Pilgrim Lutheran</p>	<p>10:00 Exercise for Fitness 10</p> <p>10:30 Manicures/Wii Bowling</p> <p>2:00 Travelogue</p> <p>6:00 Movie Night: "Fly Away Home"</p>	<p>10:00 Exercise for Fitness 11</p> <p>10:30 Hand &amp; Foot</p> <p>10:30 Wii Bowling</p> <p><b>12:30 Bingo at the Decatur Senior Center (sign up)</b></p>	<p><b>9:00 Forsyth Library Trip</b> 12</p> <p>10:00 Exercise for Fitness</p> <p>11:00 Catholic Communion</p> <p><b>2:00 Dorothy Baldwin</b></p> <p>3:30 Breakdown</p>	<p><b>9:30 Minute to Win It!</b> 13</p> <p>10:00 Exercise for Fitness</p> <p><b>10:30 Chat with Jami</b></p> <p><b>2:00-4:30 Keystone's Open House</b></p>	<p>10:00 Exercise for Fitness 14</p> <p>10:30 Wii Bowling</p> <p><b>2:00 Slide Presentation with Don Chamberlain</b></p> <p>4:00 Happy Hour</p>	<p><u>ARMED FORCES DAY</u> 15</p> <p>10:00 Exercise for Fitness</p> <p>2:00 Bingo </p>	
<p>2:00 Church 16 Jami Bray and Bill Baird Mowequa First Christian</p>	<p>10:00 Exercise for Fitness 17</p> <p>10:30 Manicures/Wii Bowling</p> <p><b>2:00 The Drifting Dreamers</b></p> <p>6:00 Movie Night "Angels in the Outfield"</p>	<p><b>8:30 B-kfast out with Jami</b> 18</p> <p>10:00 Exercise for Fitness</p> <p>10:30 Hand &amp; Foot</p> <p>10:30 Wii Bowling</p> <p>1:30 Shopping at the Mall</p>	<p><b>9:15 Wii Bowling Tourn.</b> 19</p> <p>10:00 Exercise for Fitness</p> <p>11:00 Catholic Communion</p> <p><b>1:30 Rootbeer Float Social</b></p> <p>3:30 Breakdown</p>	<p>10:00 Exercise for Fitness 20</p> <p>10:30 Wii Bowling</p> <p><b>11:00 Lunch Out to: The Firewater Grill (sign-up)</b></p> <p><b>4:00 Reminiscing</b></p>	<p><b>9:30 Minute to Win It!</b> 21</p> <p>10:00 Exercise for Fitness</p> <p>10:30 Wii Bowling</p> <p><b>2:00 Scenic Drive</b></p> <p>4:00 Happy Hour</p>	<p>10:00 Exercise for Fitness 22</p> <p>2:00 Bingo</p>	
<p>2:00 Church 23 Scott Parks First Christian Church (Communion)</p>	<p>10:00 Exercise for Fitness 24</p> <p>10:30 Manicures/Wii Bowling</p> <p>2:00 History: <u>The Eiffel Tower</u></p> <p>6:00 Biography: <u>The Cheese Nun</u></p>	<p><b>9:30 Minute to Win It!</b> 25</p> <p>10:00 Exercise for Fitness</p> <p>10:30 Hand &amp; Foot</p> <p>10:30 Wii Bowling</p> <p>1:30 Shopping at Wal-Mart</p>	<p><b>9:00 Forsyth Library Trip</b> 26</p> <p>10:00 Exercise for Fitness</p> <p>11:00 Catholic Communion</p> <p><b>2:00 Resident B-Day Party</b></p> <p>3:30 Breakdown</p>	<p>10:00 Exercise for Fitness 27</p> <p>10:30 Wii Bowling</p> <p><b>4:00 Dinner Out to Krekel's (sign-up)</b></p> <p><b>6:00 The Gospel Tones</b></p>	<p><b>9:30 Minute to Win It!</b> 28</p> <p>10:00 Exercise for Fitness</p> <p>10:30 Wii Bowling</p> <p><b>2:00 Scenic Drive</b></p> <p>4:00 Happy Hour</p>	<p>10:00 Exercise for Fitness 29</p> <p>2:00 Bingo</p>	
<p>2:00 Church 30 Miley Palmer First United Methodist</p>	<p><u>MEMORIAL DAY</u> 31</p> <p>10:00 Exercise for Fitness </p> <p>10:30 Wii Bowling</p> <p>2:00 Biography: <u>Audie Murphy</u></p> <p>6:00 Movie Night: <u>Iwo Jima</u></p>	<p><b>May is:</b></p> <ul style="list-style-type: none"> <li>National Older Americans Month</li> <li>National Smile Month </li> </ul>					

