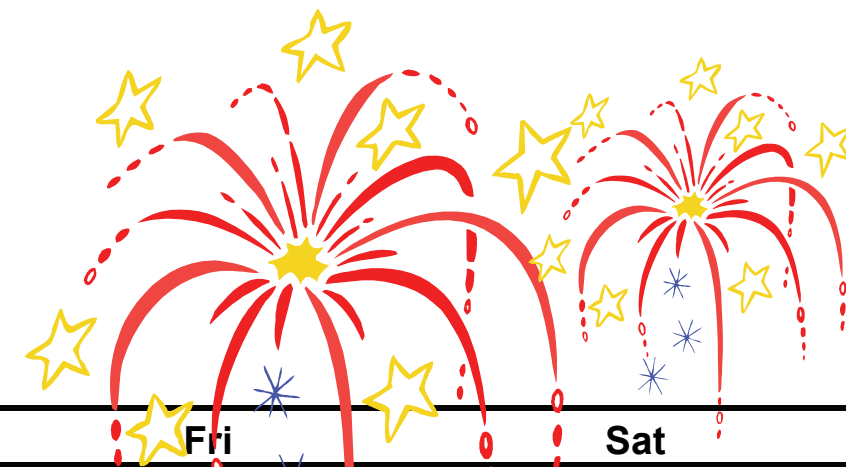


# JULY 2010



## KEYSTONE MEADOWS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>JULY IS:</b></p> <ul style="list-style-type: none"> <li>Ice Cream Month</li> <li>Hot Dog Month</li> <li>Share a Sunset with a Friend Month</li> </ul>		<p>Activity dates and times are subject to change. Please check the bulletin board across from the mailboxes <i>daily</i> for updates and Monday night movie listings. Remember to sign up for any activity in <b>green</b> so I know who and how many are going and how many supplies to have on hand. Thank you!</p>		<p>10:00 Exercise for Fitness 1 10:30 Wii Bowling 11:00 Catholic Mass <b>1:30 Craft Time:</b> <b>4th of July Boxes</b> 4:00 Reminiscing </p>	<p>10:00 Exercise for Fitness 2 <b>1:00 Chat with the Chef</b> <b>2:00 Movie:</b> <b>"Yankee Doodle Dandy"</b> 4:00 Happy Hour <b>8:45 (dusk) Fireworks in the Front Courtyard</b></p>	<p><b>Compliment Your Mirror Day!</b> 3</p> <p>10:00 Exercise for Fitness 2:00 Bingo</p>
<p><b>INDEPENDENCE DAY!</b> 4</p> <p>2:00 Church Robert Smith Moundford Free Methodist</p> 	<p>5</p> <p>10:00 Exercise for Fitness 10:30 Wii Bowling  2:00 Nature 6:00 Movie Night <b>NO MANICURES TODAY</b></p>	<p>6</p> <p>9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling <b>2:00 Movie:</b> <b>"South Pacific"</b> </p>	<p>7</p> <p>9:30 Forsyth Library Trip 10:00 Exercise for Fitness <b>10:30 Penny Bingo</b> 11:00 Catholic Communion <b>2:00 Gary Warnick</b> 3:30 Breakdown</p>	<p>8</p> <p>10:00 Tone it Up with Karen! 10:30 Wii Bowling <b>11:00 Lunch Out to:</b> <b>Ruby Tuesday's</b>  4:00 Reminiscing</p>	<p>9</p> <p>9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling <b>2:00 Slide Presentation with Don Chamberlain</b>  4:00 Happy Hour</p>	<p>10</p> <p>10:00 Exercise for Fitness 2:00 Bingo</p>
<p>11</p> <p>10:30 Church Scott Parks First Christian Church (Communion)</p>	<p>12</p> <p>10:00 Exercise for Fitness 10:30 Manicures/Wii Bowling 2:00 Biography  6:00 Popcorn &amp; a Movie</p>	<p>13</p> <p><b>9:00 What Am I?</b> 9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling 1:30 Shopping at: <u>Brettwood Village</u> </p>	<p>14</p> <p>9:30 Forsyth Library Trip 10:00 Exercise for Fitness 10:30 Wii Bowling 11:00 Catholic Communion <b>2:00 Dorothy Baldwin</b>  3:30 Breakdown</p>	<p>15</p> <p><b>10:00-1:30 Scovill Zoo Trip and Pizza Party</b> 10:00 Exercise for Fitness 4:00 Reminiscing</p>	<p>16</p> <p><b>National Hot Dog Day</b>  9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling  2:00 Scenic Drive 4:00 Happy Hour</p>	<p>17</p> <p>10:00 Exercise for Fitness 2:00 Bingo</p>
<p>18</p> <p>10:30 Church Scott Parks First Christian Church (Communion)</p>	<p>19</p> <p>10:00 Exercise for Fitness 10:30 Manicures/Wii Bowling <b>2:00 The Drifting Dreamers</b> 6:00 Popcorn &amp; a Movie </p>	<p>20</p> <p><b>9:00 What's in The Bag?</b> 9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling 1:30 Shopping at: <u>Wal-Mart</u> </p>	<p>21</p> <p><b>9:30 Wii Bowling Tournament at Aspen Ridge</b> 10:00 Exercise for Fitness 11:00 Catholic Communion <b>1:30 Sno-Cone Social</b>  3:30 Breakdown</p>	<p>22</p> <p>10:00 Tone it Up with Karen! 10:30 Wii Bowling  <b>2:00 Craft Time:</b> <b>Christmas in July!</b>  4:00 Reminiscing</p>	<p>23</p> <p><b>Gorgeous Grandma Day!</b> 9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling  2:00 Scenic Drive 4:00 Happy Hour</p>	<p>24</p> <p>10:00 Exercise for Fitness 2:00 Bingo</p>
<p>25</p> <p>2:00 Church Tim Carr Forsyth Baptist</p>	<p>26</p> <p>10:00 Exercise for Fitness 10:30 Manicures/Wii Bowling 2:00 Biography 6:00 Popcorn &amp; a Movie </p>	<p>27</p> <p><b>9:00 What Am I?</b> 9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling 1:30 Shopping at: <u>Hickory Point Mall</u> </p>	<p>28</p> <p>10:00 Exercise for Fitness 11:00 Catholic Communion <b>2:00 Resident Birthday Party with Mark Vincent</b> 3:30 Breakdown </p>	<p>29</p> <p>10:00 Tone it Up with Karen! 10:30 Wii Bowling <b>2:00 The Goldenaires</b> <b>4:00 Dinner Out to:</b> <b>Steak &amp; Shake</b> </p>	<p>30</p> <p>9:30 Hand &amp; Foot 10:00 Exercise for Fitness 10:30 Wii Bowling  2:00 Scenic Drive 4:00 Happy Hour</p>	<p>31</p> <p>10:00 Exercise for Fitness 2:00 Bingo</p>